Pseudomonas aeruginosa clonal dissemination in Brazilian intensive care units

Caió Marro Figueiredo-Mendes, Sumara Sato, Jorge Luiz Melis-Sampaio, Sylvia Cardoso-Leite, Carmen Paz Oplustila, Philip Turner y Carlos Roberto Veiga-Kiffer


OBJECTIVE. Investigate clonal dissemination of nosocomial multidrug-resistant Pseudomonas aeruginosa isolates within and between Brazilian intensive care units, which participated in the MYSTIC Program Brazil 2002.

MÉTODOS. Thirty-six P. aeruginosa isolates resistant to meropenem or imipenem plus at least two of the following drugs: ciprofloxacin, cefepime, ceftazidime or piperacillin/tazobactam were isolated during 2002 at 4 centres in São Paulo and 1 centre in Brasilia.

Chromosomal restriction fragments obtained with Spel were separated by pulsed-field gel electrophoresis (PFGE). Electrophoretic patterns were analyzed with GelCompar II v.2.5.

RESULTS. Five major clones were identified (A, B, C, D, G). Clone A was constituted by 8 isolates with indistinguishable PFGE pattern present in 2 centres. Clone B was constituted by 4 indistinguishable isolates predominant in centre 6. Clone C had 3 indistinguishable isolates, with closely related clones (C1-3). Also, Clone D had 3 indistinguishable isolates, with closely related (D1) and possibly related (D2/D3) clones. Clones C and D were present in centre 1. Clone G was constituted by 2 indistinguishable isolates and was present in centre 7. Finally, 8 isolates were unique. Isolates from Centre 4 were unique.

CONCLUSIONS. Clonal dissemination was detected within (clones A, B, C, D, and G) and between centres (clone A). These findings are important when analyzing surveillance data, since susceptibility rates may be significantly affected by the dissemination of a resistant clone.

Key words: Pulsed-field gel electrophoresis. Pseudomonas aeruginosa. Multi-drug resistance.

Diseminación clonal de Pseudomonas aeruginosa en unidades de cuidados intensivos brasileñas

OBJETIVO. Investigar la diseminación clonal de cepas nosocomiales multiresistentes de Pseudomonas aeruginosa en y entre unidades de cuidados intensivos brasileñas participantes en el MYSTIC Program Brazil 2002.

Métodos. Durante 2002, se aislaron en cuatro hospitales de São Paulo y en un hospital de Brasilia 36 cepas de P. aeruginosa resistentes a meropenem o imipenem y a al menos dos de los siguientes: ciprofloxacino, cefepima, ceftazidima o piperacilina/tazobactam. Los fragmentos de restricción cromosómica obtenidos mediante Spel se separaron con electroforesis en campo pulsado (PFGE) y se analizaron mediante GelCompar II v.2.5.

Resultados. Se identificaron cinco clones principales (A, B, C, D y G). El clon A constaba de ocho cepas con un patrón PFGE indistinguible, aisladas en dos centros. El clon B estaba formado por cuatro cepas indistinguibles, predominantes en el centro 6. El clon C estaba formado por tres cepas indistinguibles con clones estrechamente relacionados (C1-3). Además, el clon D estaba formado por tres cepas indistinguibles con clones estrechamente (D1) o posiblemente relacionados (D2/D3). Los clones C y D se detectaron en el centro 1. El clon G estaba formado por dos cepas indistinguibles y se observó en el centro 7. Finalmente, ocho cepas fueron específicas. Las cepas del centro 4 fueron específicas.

Conclusiones. Se detectó diseminación clonal en los propios centros (clones A, B, C, D y G) y entre centros (clon A). Estos hallazgos son importantes para evaluar los datos de vigilancia epidemiológica pues la diseminación de un clon resistente puede influir de manera significativa en las tasas de sensibilidad.

Palabras clave: Electroforesis sobre el gel con campo pulsado. Pseudomonas aeruginosa. Resistencia a múltiples fármacos.

Introduction

Overuse and misuse of antimicrobials has contributed to the emergence of multidrug-resistant (MDR) bacteria, especially in intensive care units. Among MDR bacteria,
**P. aeruginosa** is the second most frequent pathogen associated with pneumonia in hospitalized patients in North America and the most frequent in South America. In addition to its relevance as a pathogen, it can acquire resistance to all available antibacterial agents normally used in therapy. *Pseudomonas aeruginosa* has inherent resistance to many drug classes, can acquire resistance to all relevant treatments via mutations, and can harbour integrons with multiple resistance genes, as those coding for metallo-beta-lactamases, which can cleave the most active antimicrobial agents against *P. aeruginosa* and *Enterobacteriaceae*: the carbapenems.

The Meropenem Yearly Susceptibility Test Information Collection (MYSTIC) is a global, annual and multi-centre surveillance study that compares the activity of several broad-spectrum antimicrobial agents against bacteria isolated from inpatients at specialized hospital units that are carbapenem users. During the 2002 Brazilian Program’s edition, elevated resistance rates in *P. aeruginosa* were observed to all antimicrobials. As previously described, high resistance level observed correlates with clonal dissemination. This study aimed at investigating intra and inter-centre clonal dissemination of multi-resistant *P. aeruginosa* responsible for infections in Brazilian intensive care units and to analyse if the high resistance level observed correlates with clonal dissemination.

### Methods

#### Bacterial isolates

Thirty-six multiresistant *P. aeruginosa* isolates collected during the Brazil MYSTIC Program 2002 from five Intensive Care Units in two Brazilian cities were selected. All the isolates were resistant to meropenem or imipenem plus at least two of the following drugs: ciprofloxacin, ceftazidime, piperacillin/tazobactam.

Four centres were located in São Paulo (centres # 1 / 4 / 6 / 7) and one in Brasília (# 5). Only one isolate per patient was included in the study. The isolates were obtained from different clinical specimens, including urine, respiratory tract secretions, blood specimens and catheter tips.

#### Identification and susceptibility testing procedures

Bacterial isolates were identified with the GNI VITEK system card (BioMérieux, Inc., Hazelwood, Missouri, USA) and conventional biochemical tests as described elsewhere. Susceptibility testing was determined by agar diffusion with Etest (AB BIODISK, Solna, Sweden) according to the manufacturer’s procedures. Interpretative criteria used were those described in NCCLS document M100-S14.

Phenotypic metallo-beta-lactamase production was investigated by E-test methodology (AB BIODISK, Solna, Sweden) with strips containing imipenem and imipenem plus EDTA. An imipenem/imipenem + EDTA ratio of greater than or equal to eight between the two results was considered as presence of metallo-beta-lactamase. Results were reported as positive (Ratio \( \geq 8 \)), negative (Ratio < 8), and non-determinable if dilutions did not allow interpretation as above.

#### Genotyping

Evaluation of chromosomal polymorphisms was performed by pulsed-field gel electrophoresis (PFGE) as described by Denton et al. with minor modifications. Each plug was digested with 10U of Spe I restriction endonucleases (Invitrogen, Carlsbad, CA) at 37 °C for 12 h. Electrophoresis was performed by 1% PFGE agarose gel run on CHEF-DR III system (Bio-Rad Laboratories, Richmond, CA) over 22 h at 14 °C with 5 to 35 s of linear ramping at 6 V/cm. Electrophoretic patterns were analysed with GelCompar II v. 5.5 (Applied Maths, Kortrijk, Belgium) using the interpretative criteria described by Tenover et al.

### Results

Twenty-two distinct PFGE patterns were observed among 36 isolates. Indistinguishable isolates were interpreted as having the same clonal origin. Five major clones were identified, named A, B, C, D and G (fig. 1). These clones were composed by the following isolates:

Eight indistinguishable isolates (14, 25, 26, 41, 42, 48, 62 and 68) belonged to clone A, four isolates (10, 30, 39 and 50) to clone B, three isolates (78, 80 and 101) to clone C, three isolates (6, 8 and 73) to clone D, and two isolates (108N and 203N) belonged to clone G.

Furthermore, seven isolates closely related to the above-mentioned clones A, C and D were identified and named A1, A2, A3, C1, C2, C3, and D1. Also, two isolates possibly related to clone D were identified and named respectively D2 and D3. Eight isolates (11, 63, 79, 46AE, 48AE, 53AE, B15 and B19) were unique.

Table 1 shows the minimum inhibitory concentration (MIC) range for imipenem, meropenem, ceftazidime, ciprifloxacin, piperacillin/tazobactam, gentamicin, and tobramycin and the results of the metallo-beta-lactamase activity for the 36 isolates.

<table>
<thead>
<tr>
<th><strong>Table 1</strong></th>
<th><strong>Minimum Inhibitory Concentration (MIC) Range</strong></th>
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</thead>
<tbody>
<tr>
<td>Imipenem</td>
<td>0.25-4.0 µg/mL</td>
</tr>
<tr>
<td>Meropenem</td>
<td>0.5-8.0 µg/mL</td>
</tr>
<tr>
<td>Ceftazidime</td>
<td>1.0-16.0 µg/mL</td>
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<tr>
<td>Ciprofloxacin</td>
<td>0.06-1.0 µg/mL</td>
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<tr>
<td>Piperacillin/tazobactam</td>
<td>0.5-4.0 µg/mL</td>
</tr>
<tr>
<td>Gentamicin</td>
<td>0.25-2.0 µg/mL</td>
</tr>
<tr>
<td>Tobramycin</td>
<td>0.5-4.0 µg/mL</td>
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</table>

**Figure 1.** Clonal analysis (gel compar analysis).


Discussion

Multidrug-resistant P. aeruginosa isolates are usually reported to be responsible for nosocomial infections outbreaks, mainly in intensive care units (ICUs). In this study, 36 multidrug-resistant isolates of P. aeruginosa isolates were clustered in five major genotypes. The presence of a metallo-beta-lactamase was inferred in 28 (77.8%) out of the 36 isolates. No other test, neither phenotypic nor genotypic, to detect the presence of metallo-beta-lactamase was performed in the isolates. Thus, it is only possible to infer the presence of these enzymes, since confirmatory tests would be necessary for precisely determining their production.

MIC results have shown that antimicrobial susceptibility phenotypes did not differ significantly within major clones. Furthermore, metallo-beta-lactamase production results among major clones (A, B, C, D and G) were also consistent. All isolates of clones A, B, C, D and G tested positive for metallo-beta-lactamase production. Three isolates of clone D and two of its related clones (D1 and D2) tested negative for the production of metallo-beta-lactamase. However, clone D3 tested positive for metallo-beta-lactamase, suggesting a possible non-chromosomal acquisition of this enzyme. Isolates of one of these genotypes (clone A) were identified in two different hospitals in São Paulo, respectively centres 1 and 6, around five kilometres apart from each other. In three centres (1, 5 and 6) closely related isolates (clones A1, A2 and A3) were also detected. Interestingly, centre 5 is located in Brasilia, situated more than 1,900 kilometres away from centres 1 and 6. However, these institutions are public teaching hospitals and might, in some instances, share patients and professionals along a certain period of time.

Our findings indicate the occurrence of inter-hospital spread of a P. aeruginosa genotype, probably due to transfers of infected patients, share of health care workers, and exchange of medical equipments among institutions. Another possible explanation for the fact might lie on contamination commercial products commonly used by hospitals, although this is less probable and has not been investigated. The detection of clonal dissemination among different hospitals indicates inadequate nosocomial infection control practices. Those inadequacies might be due to non-adherence to infection control protocols, possibly as...
associated with elevated workload or incorrect disinfection of medical devices. Nevertheless, it should be noted that only non-related MDR *P. aeruginosa* isolates were recovered from centre 4, a private reference institution located in São Paulo. This finding differs from those of Pellegrino et al. who reported clonal dissemination between private and public institutions in Rio de Janeiro.

Many strategies have been proposed to control the emergence of antimicrobial resistance through prescription control: antibiotic cycling, antibiotic formulary restriction, educational programs, prior approval programs, and computer-assisted management. These strategies, although useful in many situations, may sometimes be wrongly applied if used solely and as a consequence of surveillance programmes. Prescription control measures are not the methods of choice to uphold emergence of resistance due to clonal dissemination, since the problem usually lies on better performance of infection control practices.

Additionally, the use of certain antimicrobials has been previously linked to the emergence of resistant pathogens, as is the case for ciprofloxacin and MDR *P. aeruginosa* as shown by Jones et al. with the MYSTIC program data. In this situation, the observed high resistance rates to carbapenems were correlated to the persistence of specific clonal spreading. Thus, any analysis for investigating correlation between antimicrobial use and resistance should consider a possible biased result due to clonal dissemination and, preferably, should include a method to identify and exclude related clones from the correlation analysis.

In conclusion, surveillance programmes' data may be affected in their susceptibility rates due to clonal dissemination, as was the case for *P. aeruginosa* collected during the MYSTIC Program Brazil 2002. Molecular epidemiology should complement data generated by these programmes in order to refine data analysis. Ultimately this should maximise the identification of inadequate infection control practices and should improve the prevention of resistance emergence.

References